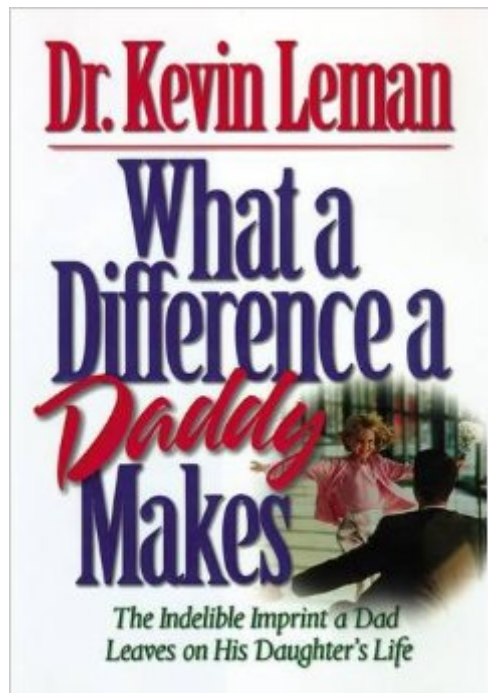


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# What A Difference A Daddy Makes: The Indelible Imprint A Dad Leaves On His Daughter's Life



## Synopsis

Study after study shows that fathers set up their daughters for success. Involved fathers-whether or not they live in the same house as their daughters-boost their daughters' academic achievement, promote their emotional health, increase their compassion for others, and even bolster the status of women. In *What a Difference a Daddy Makes*, renowned psychologist and bestselling author Dr. Kevin Lemman seamlessly weaves the latest research on fathering with funny, moving stories about his own parenting experiences. He gives practical ideas and inspiration for fathers and provides specific direction for helping daughters grow into loving, confident, caring adults.

## Book Information

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## Customer Reviews

I heard Dr. Kevin Lemman discuss *What a Difference a Daddy Makes* on Focus on the Family. At the end of the hour, I knew I had to buy and read this book. I cannot say enough good things about it. If I could give it six stars, I would. There were several chapters in the book that made me think, "This chapter alone is worth the price of the book." I think my favorite was chapter five - A Good Dad. Dr. Lemman offers the encouragement that a dad doesn't need to be a great dad, just a good dad who is present and consistent. Super daddy once in a great while isn't the key. Rather, good dad in generous and frequent doses is the key to raising a well-adjusted daughter. Dr. Lemman offers this profile of a "Good Father:"

1. A Father who is there
2. A Father who understands
3. A Father who honors his wife
4. A Father who believes in his daughter
5. A Father who lets his daughter hurt

I could hardly believe number five, until I read what Dr. Lemman had to say to explain himself. Dr. Lemman's book endeared itself to me. His writing style is pleasant and straightforward. He shares many stories

from his own family to illustrate his points. One of the greatest aspects of the book is that he shares some of his own personal failures as a daddy, not just his victories. He does not come off as one who is perfect telling others that they should be perfect too. *What a Difference a Daddy Makes* covers a great deal of territory. The final four chapters are devoted to addressing difficulties that fathers will face. It was valuable reading, especially when he addressed stages of development that a father will need to know about to interact with both his daughter and his wife.

My mother-in-law Bonny gave me this book. I have the privilege of being a husband to her daughter, and the father to her granddaughter. I am glad she did, as this is an excellent book about the challenges and joys of raising a daughter. Dr. Leman writes this book in a conversational style, and he gives firm council without sounding preachy. He lays out real anecdotes, and recounts the ups and downs, highs and lows, of raising his daughters. Throughout the book is one common theme - be involved! He warns of the consequences that will likely result from a lack of involvement. If I thought that the challenges of being a parent were scary, the consequences of not being an actively involved one are even more so. He gives the analogy of "wet cement" to depict that we have but a brief time to help mold their lives, and then it is too late. There are a great many substitutes for what we are intended to provide, with most of them carrying a huge cost. I enjoyed the disbursement of information he shares about various wins and mistakes he himself made with his daughters, and wish to thank his whole family for their willingness to have their personal lives shared to benefit others. When he got to the last chapter on his first experience with marrying off a daughter, I had tears in my eyes and a knot in my stomach, and my daughter is only 1! Also of great importance is the fact that he stresses the value of having an openly affectionate and positive relationship with our wives as being equally important in raising daughters.

*What a Difference a Daddy Makes* is written by Dr. Kevin Leman. Dr. Leman is internationally known psychologist, and has written over twenty books on the family. Dr. Leman received his bachelor's, master's and doctorate from the University of Arizona. He is the founder of Couples of Promise. Dr. Leman has been on numerous national talk shows including Good Morning America, and Oprah. His most impressive qualification to me though is that he is the father to four daughters who adore him. The subject of the book is just what the title suggests it gives examples and stories of just how a daddy makes a very strong impression on her life and determines how a girl will see men in the world. The book is divided into three sections with each section being at least four chapters long. The purpose of this book is to show parents how important the relationship between

a father and his daughter is. This book though is not intended just for fathers as you might think but is for all parents. Mother's need to see just how important this relationship is so they don't feel threatened or jealous. It is my opinion that this book does a very good job of teaching parents especially first time parents of the importance of the father daughter relationship. It also sheds new light to opinions society has placed on us to believe mothers should be the prevelant parent. The content throughout the book is exceptional. The content which is drawn primarily from Dr. Leman's personal experiences with his own daughters is the best, but also enjoyable are the stories from other people. Each section of the book is primarily for a certain age group. Section one is for birth to school age. Section two carries the torch with the age group from kindergarten to about junior high.

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